



From the Desk of Sr. Kass

For several weeks I have mentioned the wonderful opportunity that is coming to our parish. *Lifting Up Our Hearts* is a faith-sharing process for small groups to help us deepen our understanding of the Eucharist, while at the same time learning about the changes which we will begin to use at all our Masses in Advent 2011.

Have you ever called a friend just to say 'Hello' because you know they are going through a rough time or are lonely? given up your seat to a young mother, or older person? talked about a homily or gospel and what it meant to you with a spouse, child, parent or friend?

These are simply ordinary everyday examples of how we live our faith and share Christ's love with others. At Eucharist we are nourished and strengthened so we are able to do just that: reach out and bring Christ to others.

Fr. Joe and I see the changes in the Mass prayers and responses as an opportunity to build community and deepen our faith in Eucharist.

Groups of **8-10** people will meet for **an hour and a half** for **six weeks**. The group will be led by a parishioner who will follow the process as it is outlined by RENEW International. Each time the group meets there will be prayer and Scripture, faith-sharing and an invitation to action. Everyone in the group will have a book so you can prepare ahead and know what will be discussed and shared. Cost of the book is \$5.00.

Given the disruption from the hurricane we have revised the *Lifting Up Our Hearts* schedule.

Please talk to your friends about forming a group and fill out the form on the other side of this sheet. You can put your Sign-up form in the collection basket or save it until Oct. 1-2 weekend when books will be available for purchase. The groups will begin to meet the **week of October 16**.

Lifting Up Our Hearts
Small Christian Community Sign-up

Name _____

Address _____

Telephone _____

Email _____

CIRCLE the day and time you prefer

*If you would be willing to host
the meeting, circle here*

| Day | & | Time | | | |
|------------------|--------------|-------------|-----------|---------|------|
| <u>Monday</u> | | Morning | Afternoon | Evening | Host |
| <u>Tuesday</u> | | Morning | Afternoon | Evening | Host |
| <u>Wednesday</u> | | Morning | Afternoon | Evening | Host |
| <u>Thursday</u> | | Morning | Afternoon | Evening | Host |
| <u>Friday</u> | | Morning | Afternoon | Evening | Host |

Sunday – large group in Church between Masses

Circle here if you prefer to meet locally

Neighborhood _____

My home _____

For administrative use

SCC Leader _____

Day/Time _____

Location _____